Distance: 118 km

Destinations : Meppel, Weerwille, Koekange, Echten, Fluitenberg, Pesse, Wijster, Mantinge, Garminge, Westerbork, Beilen, Spier, Dwingeler Veld, Ansen, Larijweg, Ruinerwold, Meppel

Pointage carnet de route : Hotel-Restaurant Boschzicht in Echten en Restaurant Diggels Westerbork

Start	70	0.9 km	04	3.4 km	02	0.5 km	03	2.5 km	83	1.6 km	60	2.1 km	67
1.6 km	66	2.9 km	68	5.1 km	93	3.2 km	77	1.6 km	78	3.3 km	61	3.5 km	34
5.3 km	08	0.7 km	09	1.4 km	20	3.3 km	21	6.2 km	45	3.9 km	47	2.0 km	40
1.9 km	25	1.8 km	27	4.0 km	64	0.8 km	60	1.8 km	99	2.5 km	91	1.8 km	90
1.9 km	19	5.1 km	49	1.2 km	48	2.8 km	37	3.1 km	30	1.2 km	46	2.8 km	44
0.6 km	43	3.9 km	83	3.7 km	57	2.5 km	56	2.7 km	55	3.0 km	82	5.8 km	42
1.9 km	26	2.0 km	03	0.5 km	02	3.4 km	04	0.9 km	70	**Totaal**	**118 km**		

